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Psychology 101:
The Two Types of
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Kelly McGonigal
Occupational
Stress and
Personality
Burnout: A Role for
Resilience 4 Stress
Management
Strategies
Techniques
(Especially useful
during Coronavirus
Pandemic)

Psych of
Personality -
Stress, Coping,
Adjustment, and

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Health - Part 1

Workplace Stress:
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Course \u0026

Stress

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Psychology #27
Are Your In-Laws
Narcissistic? Here

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personality and
your brain | Scott
Schwefel |

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Trauma and
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Course Psychology
#22 ~~Here's How
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& Cognitive]~~
How stress affects
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Madhumita Murgia
Work Stress

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Stress, Personality Traits, Coping
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the South African
Police Service

Jacobus Pienaar,

Sebastiaan

Rothmann, and

Fons J. R. van de

Vijver Criminal

Justice and

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Stress, Personality

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Traits, Coping
Strategies ...
occupational
stress, personality
Traits, coping
strategies, and
suicide ideation in
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OCCUPATIONAL

Page 13/45

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STRESS,
PERSONALITY
TRAITS, COPING
STRATEGIES...

Occupational
Stress
Personality
Traits Coping
Stress Personality
Traits Coping A
logistic regression
analysis shows that
low scores on
conscientiousness,
emotional stability,
approach coping,
and turning to

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religion as well as high scores on avoidance coping are associated with more suicide ideation. Keywords suicide ideation, police,

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Stress Personality
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Stress, personality

traits, coping

strategies, and

suicide ideation in

the south african

police service

Jacobus Pienaar

Sebastian

Rothmann

North-West

University,

South Africa

FONS

J. R. VAN DE VIJVER

Tilburg University,

the Netherlands

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Occupational

occupational
stress, personality
traits, coping
strategies...

Vollrath and
Torgersen (2000)
investigated the
relationship of 8
'personality types',
each characterized
by a different
combination of
Extraversion,

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Neuroticism and
Conscientiousness,
to stress and
problem-focused
coping (altering the
stressor), emotion-
focused coping
(regulating
emotional distress
associated with the
stressor) and
dysfunctional
coping
(synonymous with

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avoidance coping, although coping strategies such as venting may also be 'dysfunctional' in that the person does not ...

Occupational stress, coping and strain: The combined ... with most research emphasizing

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personality traits or coping as a vulnerability/resistance factor (Wiebe & Smith, 1997).

Personality is perhaps the more pervasive, in that it may influence stressor exposure, cognitive appraisal, coping, physiological reactivity and

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Susceptibility to stress-related illness and disease (Code & Langan-Fox, 2001).

Strategies

Occupational stress, coping and strain: The combined ...

Personality traits were found to be directly related to work-related

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stress, coping strategies, tension and burn out as well as negatively related to overall job satisfaction. Gender, age and rank did not show meaningful relationship with any of the endogenous variables.

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Occupational
Stress, Coping and
Personality in the
Police ...

RECENT FINDINGS:
Studies among
anesthesiologists
are in concordance
with the broader
body of literature
on this topic.

Personality
consistently
influences stress

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appraisal and coping and consequently the development of burnout.

Neuroticism, negative affectivity and cooperativeness all contribute to burnout.

Occupational stress, burnout and

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personality in ...
Biological and goal-
based views of
human nature
provide an
especially useful
basis for construing
coping; the five-
factor model of
traits adds a useful
set of individual
differences.

Coping—responses
to adversity and to

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the distress that results—is categorized in many ways. Meta-analyses link optimism, extraversion, conscientiousness, and openness to more engagement coping; neuroticism to more disengagement coping; and

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Optimism,
conscientiousness,
and agreeableness
to less
disengagement...

Strategies

Personality and
Coping | Annual
Review of
Psychology

In addition to
describing the
process by which
stress leads to

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mental and physical health problems, the ISR model proposes that each step in this process may be affected by characteristics of the individual (e.g., demographic characteristics, personality traits), as well as the interpersonal

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relations within the individual's work environment.

Personality

Stress Models and Theories -

IResearchNet

personality and occupational stress, strain, and coping. The results revealed that the dancers were less educated than the

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musicians, a fact that can lead to problems with career transitions.

Dancers also experienced greater occupational stress due to conflicting demands from their dance supervisors and unclear professional

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Occupational
evaluations.

Stress

Personality and
Occupational
Personality

Traits Coping
Stress in Elite

Performers
Strategies

Abstract. Models of occupational stress have often failed to make explicit the variable of control over the environment, as well as the role of

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job socialization in shaping personality characteristics and coping behaviours. This neglect has helped maintain the focus of stress reduction interventions on the individual.

Occupational stress among health care workers: A test of

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Strategies Author:

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Keywords:

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stress, personality,
traits, coping,
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Occupational
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Knowledge on the
quality of life (QOL)
of civil servants is
limited. Therefore,

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The aims of this study were to investigate the QOL of civil servants, and examine whether occupational stress and job satisfaction mediated the association between neuroticism and QOL in civil servants from

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Shandong, China.

The cross-sectional study included 559 civil servants aged 27 to 60 years from Shandong.

Mediating role of occupational stress and job satisfaction

...

Certain personality traits, openness, agreeableness and

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Conscientiousness,
were associated
with
problem-solving
coping strategies
such as active
planning and
reframing.

Personality, stress
and coping in
intensive care
nurses: a ...

Furthermore, MS

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patients appear to be more exposed to a higher level of occupational stress, which might be linked to some personality characteristics. Our aim was to ascertain, by means of a longitudinal study, whether changes in occupational stress

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Can be predicted by some personality traits, which could thereby become potential targets of therapeutic interventions.

Can personality traits influence occupational stress in ...

One hundred

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Seventy-seven police officers and their spouses from two metropolitan areas completed separate questionnaires regarding stress and coping. Both the police and spouses reported using four coping activities in response to their

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own stressors:
problem focused,
emotion focused,
religiosity, and
rugged Coping
individualism.

Occupational
stress: Coping of
police and their
spouses ...

Research project
report contents

Pages Thesis

Page 41/45

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abstract 1

Statement of
contribution 4

Journal paper 5

Journal paper
references 34

Journal paper
appendices

Appendix a –
Author gui

Occupational
Stress and
Hardiness

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Personality Traits
in ...

A third model supported these findings, but showed that the personality dimensions of neuroticism and extraversion were the strongest predictors of an officer's PQOL. It was also shown

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that problem-focused coping resulted in positive work experiences, whereas emotion-focused coping contributed to negative work experiences.

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