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Mean Genes - The New York Times Web Archive
Mean Genes reveals that our struggles for self-improvement are, in fact, battles against our own genes

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Mean Genes explains the history of homo sapiens shortcomings in areas of sex, drug dependance, emotions, money problems and weight gain. It's a new approach to self-help manuals which explain the evolutionary nature of our most human fallibilities.

Mean Genes: From Sex To Money To Food: Taming

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Our Primal ...

Mean genes : from sex to money to food, taming our primal instincts by Burnham, Terry; Phelan, Jay. Publication date 2000 Topics Self-management (Psychology), Self-help techniques, Genetic psychology, Evolutionary psychology, Instincten, Zelfhulptechnieken Publisher Cambridge, Mass. : Perseus Pub.

Mean genes : from sex to money to food, taming our primal ...

Mean Genes Summary by Terry Burnham & Jay Phelan takes you on a biological journey and discusses how genes induce humans to behaviors that benefit them

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Instincts and thus transfer themselves into next-generation.

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In their psychology book, *Mean Genes: From Sex to Money to Food: Taming Our Primal Instincts* (2000), Terry Burnham and Jay Phelan look at why we want to do so many things that are bad for us, and what forces drive our basic instincts. *Mean Genes* received a positive reception from critics and psychologists. Burnham is a well-known economist who focuses on the evolutionary and biological ...

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